



SWIS

Settlement Workers in Schools
Guelph-Wellington-Dufferin



Youth Chat Information Sessions in December

Join us on Zoom to learn and ask questions about a variety of topics.
Click the session date to register.

**Wednesday,
December 1
4:00pm - 5:00pm**

Winter Wellness

Topics to be discussed include:

- How to stay healthy emotionally and physically during winter
- Winter activities and programs in the community (free or low-cost)

Winter DIY – paper snowflakes
** Please bring scissors and plain paper*



**Wednesday,
December 8
4:00pm - 5:00pm**

Community Involvement

Topics to be discussed include:

- Importance of volunteering
- Improving your leadership skills
- Gaining work experience
- Community involvement around Guelph



For more information contact:

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