

# SWIS

Settlement Workers in Schools  
Guelph-Wellington-Dufferin

**ONLINE, ZOOM  
WORKSHOP**



**Wednesday,  
September 7  
4:00pm - 5:00pm**

[CLICK HERE TO REGISTER](#)

## You've Got This! Getting Ready for School

**Join us online, using Zoom, to learn tips and tricks that will help you crush this school year at your new school.**

We will talk about:

- Resources to help you manage your time
- Stress management ideas
- Community services
- SWIS program and youth services

For more information, contact:

**Cynthia**

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**Language interpretation** is available, based on need. Please register as soon as possible. Be sure to complete the interpretation section on the registration form.

**Do you want to attend but don't have a device?** ISGW can lend you a device for the purpose of attending this session. Contact staff for information.

**Need help with Zoom?** Let us know, we can help! Contact staff for information.