

HELPING
newcomers
since 1978



We are pleased to host a variety of workshops and information sessions for newcomers. Sessions take place in-person and/or online using Zoom and are an excellent opportunity for clients to gain knowledge around topics of specific interest to them.

Everyone is welcome! For a complete list of upcoming events go to: www.is-gw.ca/events/

Things You Should Know About Dementia

Join us in person at ISGW

CLICK HERE to register.

<https://is-gw.ca/event/things-you-should-know-about-dementia/>

Friday, October 6
1:00 pm - 2:30 pm

This workshop will be presented in **Vietnamese**.

Join us at ISGW to learn and ask questions about dementia with our guest speaker: **Robin Smart**, Public Education Coordinator, Alzheimer Society Waterloo-Wellington.

Discussion topics will include:

- What is Dementia?
- Common types of Dementia
- How does our brain work?
- Know the 10 warning signs of Alzheimer's.
- Assessment & Diagnosis
- Medication

Alzheimer Society
WATERLOO WELLINGTON

For more information,
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