

HELPING  
newcomers  
since 1978



We are pleased to host a variety of workshops and information sessions for newcomers. Sessions take place in-person and/or online using Zoom and are an excellent opportunity for clients to gain knowledge around topics of specific interest to them.

Everyone is welcome! For a complete list of upcoming events go to: [www.is-gw.ca/events/](http://www.is-gw.ca/events/)

## Navigating Support for Recreational Activities

### Join online, using Zoom

**CLICK HERE to register.**

<https://is-gw.ca/event/navigating-support-for-recreational-activities/>

**Thursday, November 23**  
**10:00 am - 11:00 am**

**This session will be presented in Mandarin.**

#### Planning to enroll in recreational activities this winter?

Join us online, using Zoom, to learn about the financial assistance programs available to support enrollment in recreational activities.

We will talk about:

1. Free to Grow - Children's Foundation of Guelph and Wellington
2. Jumpstart - Canadian Tire
3. YMCA programs and subsidies
4. Fee Assistance in Recreation (FAIR) - City of Guelph subsidy for adults and seniors

**Do you want to attend but don't have a device? Need help with Zoom?**  
Let us know, we can help!

For more information, contact **Kathy** at 519-836-2222, ext. 239 or [kzhao@is-gw.ca](mailto:kzhao@is-gw.ca)

IMMIGRANT SERVICES Guelph-Wellington

104 Dawson Road, Unit 102,  
Guelph, ON N1H 1A6  
T: 519-836-2222 F: 519-837-2884  
[www.is-gw.ca](http://www.is-gw.ca)