

HELPING
newcomers
since 1978



We are pleased to host a variety of workshops and information sessions for newcomers. Sessions take place in-person and/or online using Zoom and are an excellent opportunity for clients to gain knowledge around topics of specific interest to them.

Everyone is welcome! For a complete list of upcoming events go to: www.is-gw.ca/events/

The Impact of Repetitive Pregnancy on Women

Join us online, using Zoom

CLICK HERE to register.

<https://is-gw.ca/event/the-effects-of-repetitive-pregnancy-on-women/>

Thursday, March 7

11:00 am - 12:00 pm

This session will be presented by **Hoda Ghonim**, an internationally trained Obstetrician, working at SHORE as a newcomer health program coordinator and running programs for pregnant women.

Discussion topics include:

1. Proper gap between pregnancies
2. Contraceptive methods available in Canada

Language interpretation is available, based on need. Please register as soon as possible.

Do you want to attend but don't have a device? Need help with Zoom?
Let us know, we can help!

For more information, contact **Huria** at
519-836-2222, ext. 263
or hthesfa@is-gw.ca

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