

SWIS

Settlement Workers in Schools
Guelph-Wellington-Dufferin

**In-Person
WORKSHOP**



Youth Chat

Information Sessions in December

Join us to learn and ask questions about a variety of topics.
Click the session date to register.

**Thursday,
December 12
4:30pm - 5:30pm**

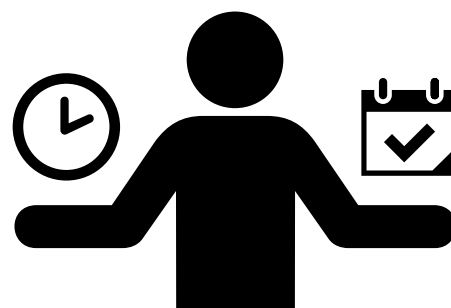
Preparing for Exams: Tools to Manage Your Time Effectively

Join us in person at ISGW to talk about:

- Getting organized and making a plan
- Managing your time effectively
- Mental health and wellness, managing stress

Guest Speaker:

Jean Chen, Social Worker, John F. Ross CVI



For more information contact
Marcela 226-821-0524 or maltamira@is-gw.ca

Language interpretation is available, based on need. Please register as soon as possible and be sure to complete the interpretation section of the registration form.

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