

BARKAT – Nature Art Workshops

Thursdays (March 6, April 3, May 1, June 5, July 3, August 7)

12:30 pm – 2:30 pm

► Register here: <https://is-gw.ca/series/barkat-nature-art-workshops/>

Over the course of 6 workshops, we will connect with and explore nature around us using a variety of techniques such as: journaling, poetry, storytelling, dance, photography, painting, sketching. The workshops will take place in person at ISGW in collaboration with local artist Nimra Bandukwala. Participants will have the opportunity to share their writing, art, and reflections at a culminating exhibition (date to be determined) for friends, family and the community.



MARCH 6: Pressed Wildflower Art and Floral Folklore

With visual artist **Nimra Bandukwala**

APRIL 3: Birds of Our Homeland: Storytelling, Movement & Photography Workshop

With film and theatre director **Zehra Nawab**

MAY 1: Plant Alchemies: Natural Ink Making Workshop

With visual artist **Nimra Bandukwala**

JUNE 5: Introduction to Nature Journalling and Local Plants

With Tamil-Canadian artist, botanist, Certified Arborist, and forester-in-training **Hashveenah Manoharan**

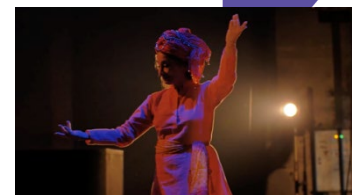
JULY 3: Plant Alchemies: Introduction to Naturally Dyeing Cotton

With visual artist **Nimra Bandukwala**

AUGUST 7: Creative Harvest: Introduction to Poetry & Creative Writing

With poet, artist educator and nature artist **Sheniz Janmohamed**

Contact: Yasmin 519-836-2222, ext. 230 or yholoubi@is-gw.ca



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