

HELPING  
newcomers  
since 1978



We are pleased to host a variety of workshops and information sessions for newcomers. Sessions take place in-person and/or online using Zoom and are an excellent opportunity for clients to gain knowledge around topics of specific interest to them.

Everyone is welcome! For a complete list of upcoming events go to: [www.is-gw.ca/events/](http://www.is-gw.ca/events/)



## Long-Term Care and Retirement Home Options

Join online, using Zoom

**CLICK HERE to register.**

<https://is-gw.ca/event/long-term-care-and-retirement-home-options/>

**Monday, March 9  
11:00 am - 12:00 pm**

**This session will be presented in Mandarin.**

Age and health conditions can make independent living difficult. In Ontario, you have a range of options to help you get the support you need.

Join us, **online using Zoom**, to learn about Long-Term Care and Retirement Home options

At this session we will talk about:

- Types of Long-Term Care homes, costs and eligibility
- Retirement homes and costs and process
- Home and Community Care Support Services (HCCSS)

Need help with technology?  
Let us know, we can help!

For more information,  
contact **Kathy** at  
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